
THE DAY SPA
OBSERVATORY HOTEL

Our luxurious treatments are offered in a serene space giving guests a sense of calm, tranquillity and rejuvenation.

Choose to relax by the pool and spa, enjoy a post flight pick me up or treat yourself to a signature treatment; you will find it all at the Day Spa at The Observatory Hotel.

LA PRAIRIE

The Art of Beauty ***Sensual Indulgences for Face and Body***

Imagine the world's most exclusive beauty treatments. A luxurious, calming environment with pampering so relaxing that tension and stress float away.

La Prairie now makes it possible for you to enjoy our much sought-after Swiss Treatment Experience. Here, in this serene environment, the focus is on your beauty, your rejuvenation.

The Observatory Day Spa is Sydney's exclusive La Prairie Luxe Day Spa.

OBSERVATORY SIGNATURE

The Observatory Day Spa **Where Beauty and Luxury Live as One**

The Observatory's Signature Therapies are more than just a treatment; they are an indulgent assault on the senses.

Our Signature range of products is hand made using all natural, ethically sourced botanical ingredients and sustainable practices.

It is our philosophy to unite inner and outer beauty and combine the experience with the highest level of luxury to leave your mind, body and spirit in a state of pure relaxation.

LA PRAIRIE FACIALS

Our 90min La Prairie facials are more than just a facial. Your journey will include a back relaxation or foot massage. During your treatment your hands and arms will also be exfoliated and receive a relaxing hydrating massage. A truly luxurious experience.

Deluxe Swiss Facial

60min \$190

Experience La Prairie with this luxury introductory facial. Exclusive to The Day Spa, reward your skin with the most sought after beauty products in Sydney's most exclusive day spa.

Marine Youth Protection Treatment

60min \$190

Super hydrating, restorative and age defending, the ultra pampering holistic facial treatment is revitalising as the sea itself.

Swiss Cellular Anti-Aging Facial

1hr 30min \$250

This is your weapon against skin aging by actively delaying the effects of premature aging. It smoothes the appearance of fine, dry lines and wrinkles with La Prairie's breakthrough Anti-Aging Intervention technology. Your face will glow with a brighter, younger, healthier appearance.

Cellular Resurfacing Facial

1hr 30min \$250

Effective exfoliation to physically renew skin, diminish the appearance of fine lines, wrinkles and impurities. Skin is further energised with the application of Cellular Power Infusion. This polishing and hydrating facial offers your skin a smoother healthier glow.

Caviar Firming Facial

1hr 30min \$250

A luxurious treatment to instantly firm skin and improve tone and texture. Caviar pearls, a face and eye massage and caviar mask will transform even the duller complexions into radiant, luminous skin.

Hydrating Facial

1hr 30min \$250

The most dramatic results for stressed, fatigued skin. This intensive facial combines energising masks and massages with the added cell energising benefits of Cellular Power Infusion.

Custom Luxe Facial

1hr 30min \$300

Whether your skin requires the assistance of crushed pearls, pure caviar or micronised diamonds, your therapist will customise a facial treatment to suit your skin demands. This facial treatment is exclusive to the Day Spa at The Observatory Hotel.

Observatory Diamond Microdermabrasion Facial

1hr 30min \$300 / Course of 7 \$1,800

Say goodbye to fine lines, acne scars and unwanted pigmentation with our 6 star customised Microdermabrasion facial treatment. Using a diamond encrusted microdermabrasion tip combined with our signature products, your therapist perfects the outer layer of your skin and erases all unwanted imperfections.

Pure Gold Radiance Facial

1hr 30min \$300

La Prairie's gold standard for anti-aging. The pure golden drops of Pure Gold serum visibly lifts, firms, brightens and energises. Gentle heat and selected masks enhance the penetration of Pure Gold leaving your skin look smoother, feel radiant and vibrantly alive.

Platinum Facial

1hr 30min \$450

Surrender your body and soul to two of our experienced therapists to pamper you from head to toe. Pure Platinum is infused into the skin whilst your arms and legs receive their own intensive facial. Our most amazing treatment, the ultimate indulgent investment for your skin.

MASSAGE THERAPY

During your treatment, your therapist will be pleased to make any adjustments to suit your needs. Whether it is the temperature in the room, massage pressure or concentration on a specific area, just let us know.

Relaxation Massage

60min \$150 / 90min \$175

By using long, fluid, slow moving strokes your therapist will release unwanted tension and relax your mind, body and soul with this full body treatment.

Stress Relief Massage

60min \$175 / 90min \$200

Firm massage is applied for the release of deep muscular tension and stress relief.

Warm Lava Shell Massage

60min \$185

Indulge yourself in our signature full body Lava Shell Massage treatment. Self-heating tiger clam shells generate heat through contact with gels derived from sea kelp, Dead Sea salts and natural minerals. Guaranteed to melt muscle tension into oblivion, soothing both mind and body.

Volcanic Stone Therapy

60min \$175 / 90min \$200

An ancient massage technique utilising the benefits of thermotherapy. Hot volcanic basalt and cold marble stones are placed and used on the body throughout the massage restoring physical, emotional and spiritual wellbeing.

Pregnancy Massage

60min \$150

Relieve tired muscles with a massage designed especially for mum's to be. Suitable after your first trimester only.

Four Hand Therapy Massage

60min \$225

Two therapists, four hands, limitless relaxation and sublimely indulgent. Allow our expert massage therapists to harmonise your body and mind using a combination of techniques in a flowing, melodic pattern.

Absolute Aromatherapy

60min \$175 / 90min \$200

Through the inhalation and application of our massage blends your therapist uses long, smooth flowing movements in a treatment designed to release unwanted tension while balancing your body to its youthful core.

Choose from any of our three massage blends:

Relax: Soothes and restores

Restore: Eases muscles and joints

Revive: Energises

Skin Caviar Massage

60min \$175 / 90min \$200

A tailor-made head to toe massage therapy designed to nourish, energise, illuminate and transform every inch of you. Complete with a moisture application of La Prairie's infamous skin caviar cream.

BODY TREATMENTS

Glow Bronzing Treatment

60min \$190

A highly effective exfoliation followed by a thorough overall application of our signature glow giving your skin a smooth, nourished and even complexion.

Executive Escape

1hr 15mins \$200

A divine treatment allowing the busy mind to switch off. Restore your body with our Australian Blue Cypress full body exfoliation, followed by an energising and stimulating Sea Kelp cocoon to naturally detoxify the skin. Drenching the skin with Rainforest body soufflé enriched with essential fatty acids completes the Escape.

Urban Release

1hr 30min \$220

Indulge in our most popular treatment. Our signature Red Mandarin, Lime & Cranberry body exfoliation followed by a relaxing full body massage.

Diamond Body Perfection

2hrs \$330

Sit back and relax while you enjoy La Prairie's most luxurious body treatment. Instant results start with a Full Body Microdermabrasion utilising a micronised puree of diamonds, fresh water pearls and quartz crystals. A full body massage, a luxurious application of skin caviar moisturiser followed by cranial pressure therapy. The result, beautiful soft glowing skin.

COUPLES THERAPY

Couples Full Body Massage

60min \$330 per couple / 90min \$375 per couple

Let your aches, pains, tensions and worries drift away as you and your partner enjoy a Full Body Relaxation Massage.

Couples Champagne Escape

1hr 30min \$550 per couple

A glass of champagne accompanied with a plate of chocolate covered strawberries awaits both you and a guest. Your therapists' take you on an escape unlike no other with an Express Pedicure followed by a scalp sculpting treatment completed with an express La Prairie Facial.

Couples Luxe Therapy

2hrs 30min \$795 Per couple

Let the indulgence begin with La Prairie's Full Body Skin Caviar Massage to illuminate and transform every inch of you with La Prairie's infamous skin caviar moisturiser followed by a Caviar Firming Facial.

DAY SPA PACKAGES

Volcanic Rebalance

1hr 45min \$275

Indulge your body to a treatment that induces pure relaxation. Begin with an Observatory Full Body exfoliation using our signature scrub with a blend of high grade essential oils fused secretly within. A full body volcanic massage will ease muscle tension. To complete the pampering, the treatment is fulfilled with a scalp pressure point massage.

Pregnancy Pamper

2hrs 15mins \$305

Enjoy this instantly uplifting package to rejuvenate and revitalise your body prior to your new arrival. Commencing with a relaxing Back, Neck & Shoulder massage, followed by a Deluxe Swiss Express Facial to renew that pregnancy glow and finishing off with a Deluxe Pedicure for an area which may not be easy to reach at the moment!

Simply Spoilt

2hrs 30min \$425

Simply spoil yourself to a package which begins with a La Prairie Pure Gold Facial. Using golden drops of Cellular Radiance Concentrate which instantly lifts, firms, brightens and energises leaving your skin looking smoother and feeling more radiant and alive. Your treatment is complimented with a tailor-made head to toe massage therapy designed to nourish, energise, illuminate and transform every inch of you with La Prairie's infamous skin caviar cream.

The Full Body Facial

3hrs \$400

Your treatment begins with a full body exfoliation with our hand-blended sugar scrub followed by our signature body wrap. While your skin is soaking in nurance, relax as your therapist releases all unwanted tension with a scalp massage. Your treatment is completed with a hydrating facial and relaxing foot therapy.

Yummy Mummy

3hrs \$425

Experience a treatment made purely for those hard working mums that deserve an escape from reality and taste of serenity. Start your treatment with our signature full body exfoliation followed by a hydrating body wrap that leaves your skin supple and smooth. A full body massage releases all unwanted stress and tension, completed by an Express Manicure and Pedicure.

Swiss Bliss Experience

3hrs \$450

A three hour 'dream' experience that suspends time! Producing immediate results, this package simultaneously 'works' the entire body – from scalp to toes – producing a sensation of total relaxation and well-being. Commencing with a Full Body Microdermabrasion, followed by a Skin Caviar Body Massage and a Caviar Firming Facial.

Champagne & Caviar Indulgence

4hrs 30min \$700

Your indulgence begins with a La Prairie Skin Caviar Massage, followed by a La Prairie Caviar Firming Facial. Next, surrender your fingers and toes to a Deluxe Manicure and Deluxe Pedicure, completed with a celebratory glass of champagne. An ideal way for every girl to spend the day!

Bride-to-Be

7hrs 15min \$895

Look fantastic on your wedding day! Our Bride-to-be Package includes buffing, hydrating and nourishing every inch of your body with a Full Body Exfoliation, a La Prairie Facial and eye enhancement treatments. Choose between a relaxing Full Body Massage or a total body bronzing. Your package also includes accentuating your eyes with our Glamorous Look eyelash extensions. Finally, enjoy a glass of champagne whilst your hands and feet are sparkled with our bridal Spa Manicure and Spa Pedicure.

We recommend commencing your package no more than 3 weeks prior to your special day and to enjoy your pampering over three visits to the Day Spa.

BUILD YOUR OWN PACKAGE

Choose any of the following treatments options

One Treatment \$105

Two Treatments \$195

Three Treatments \$295

Four Treatments \$375

**More than four Treatments; \$75 per additional treatment
Treatment duration: 30mins each**

Red Mandarin, Lime & Cranberry Exfoliation

Our hand-blended signature scrub. This treatment is designed to exfoliate and harmonise the body leaving your skin feeling and looking silky smooth.

Frangipani & Pomegranate Cocoon

Our signature hand-blended wrap penetrates the skin, deeply hydrating to leave skin moist and silky. Receive a scalp massage whilst you are cocooned in rich antioxidants.

Scalp Sculpting Massage

Using heated macadamia massage oil to soothe city tension and stress, this treatment is designed for deep relaxation.

Back, Neck and Shoulders Massage

Dissolve office tension with a gentle massage – it's the perfect way to spend a lunch break.

Volcanic Express

Muscle tension melts down with heated volcanic stones used to release muscle tightness in the back, neck and shoulders.

Hand, Foot and Ankle Massage

Using organic macadamia and essential oils, sit back and relax while our therapists ease away aches and pains.

Caviar Express

Using La Prairie luxurious skin caviar cream, treat your back, neck and shoulders to an experience unlike any other massage.

Deluxe Swiss Express Facial

This mini facial is the perfect introduction to La Prairie. Exclusive to The Day Spa, experience the most sought after skin product in Sydney's most exclusive day spa.

Express Pedicure

Includes nail shape, hydrating lotion application and a choice of cuticle work or foot massage. A final touch with one of our fine polishes completes your treatment.

Express Manicure

Includes nail shape, hydrating lotion application and a choice of cuticle work or hand massage. A final touch with one of our fine polishes completes your treatment.

La Prairie Diamond Exfoliation

Using a micronised puree of diamonds, fresh water pearls and quartz crystals, your therapist exfoliates your body leaving your skin feeling smooth and glowing with pure radiance.

Volcanic Foot Therapy

Surrender your feet to our warm volcanic stones treatment. The stones are used as massage tools to alleviate aches and pains in the feet.

Aroma Express

Using one of three of Observatory's signature blended aromatherapy oils, your therapist will cater to your back, neck and shoulders with this relaxing massage.

Waxing treatments are available upon request

HANDS AND FEET

La Prairie Caviar Manicure

60min \$175

Create some me time and indulge in your own private viewing of your favourite TV episode whilst your therapist caters to your hands. Sit back, relax and enjoy a piccolo of champagne with a La Prairie caviar manicure, exclusive to The Observatory Day Spa.

La Prairie Caviar Pedicure

60min \$195

Create some me time and indulge in your own private viewing of your favourite TV episode whilst your therapist caters to your feet. Sit back, relax and enjoy a piccolo of champagne with a La Prairie caviar pedicure, exclusive to The Observatory Day Spa.

Deluxe Manicure

1hr 15min \$135

An intensive hand and nail treatment. Your treatment includes exfoliation, nail shaping, cuticle work and a hand and arm massage. A paraffin wax treatment locks in moisture along with your choice of polish.

Deluxe Pedicure

1hr 15min \$145

Your treatment begins with a warm, soothing grapefruit and tea tree foot soak, followed by a foot and leg exfoliation, nail shaping, cuticle work and a foot and leg massage. A paraffin wax treatment locks in moisture along with your choice of polish.

French polish is an additional \$30.00 and must be pre booked.

EYELASH EXTENSIONS

Imagine long, luscious and beautiful eyelashes without the hassles of applying and removing mascara. Eyelash extensions are semi-permanent single strands of eyelash applied one by one to your individual eyelash.

Natural Look

1hr 30min \$150

Replicate your own lash to look and feel natural.

Glamorous Look

1hr 30min \$200

Create a wow factor for a special occasion or event with longer length eyelashes.

Refills

30min \$60

Recommended every 2-4 weeks to keep your eyelashes looking amazing.

GENTLEMEN'S MENU

Swiss Cellular Men's Facial

60min \$170

Instantly cleanses, energises and conditions skin. The balance of the skin looks and feels renewed and restored.

Gentlemen's Rescue

2hrs \$350

For the next two hours, forget anything and everything whilst your therapist caters you to a La Prairie Skin Caviar Massage followed by a Swiss Cellular Men's Facial.

Men's Express Manicure

30min \$95

Your nails and hands are manicured to perfection. Includes an invigorating hand scrub, cuticle work, nail shaping and hand massage.

Men's Express Pedicure

30min \$95

This high performance pedicure includes an invigorating foot scrub, cuticle work, nail shaping and foot massage.

POOLSIDE TREATMENTS

Enjoy your treatment by the pool as you relax under the stars. Ideal for a group pampering whilst socialising.

Available Monday-Friday

Scalp Sculpting Massage

30min \$105

Using heated macadamia massage oil to soothe city tension and stress, this treatment is designed for deep relaxation.

Hand, Foot and Ankle Massage

30min \$105

Using organic macadamia and essential oils, sit back and relax while our therapists ease away aches and pains.

Express Manicure

30min \$105

Includes nail shape, hydrating lotion application and a choice of cuticle work or hand massage. A final touch with one of our fine polishes completes your treatment.

Express Pedicure

30min \$105

Includes nail shape, hydrating lotion application and a choice of cuticle work or foot massage. A final touch with one of our fine polishes completes your treatment.

SPA SOCIALISING

Whether it's a Hen's party, corporate function, birthday celebration or girls' day out The Observatory Hotel Day Spa is the ideal location for you and your friends to take time out and receive a pampering.

Afternoon Serenity

\$195 per person Mon-Fri

\$235 per person Sat, Sun & Public Holidays

Spend an indulgent afternoon in style. Have relaxation time by the pool, a luxurious 60min Aromatherapy Massage or Deluxe Swiss Facial, followed by our renowned Champagne Afternoon Tea in our elegant Globe Bar.

Afternoon Tea available from 2.30pm weekdays, 12.30pm Saturdays and 2pm Sundays.

Twilight Retreat

\$195 per person Mon-Fri

\$230 per person Sat, Sun & Public Holidays

Combine pure relaxation with fun! Laze by the pool before indulging in either a 60min Aromatherapy Massage or Deluxe Swiss Facial. Complete your Observatory experience with a glass of champagne and selection of delicious appetizers from our Tapas menu at Globe Bar.

Tapas available from 5pm daily.

GIFT VOUCHERS

The perfect gift for all occasions. Our gift vouchers are available for any treatment and package or simply select the value of your gift leaving the recipient free to choose their ideal path to relaxation and rejuvenation. Beautifully presented, our gift vouchers have a six month validity.

FACILITIES

Along with your treatment you have complimentary use of our stunning 20 metre indoor heated swimming pool, Jacuzzi, separate ladies and men's aromatherapy sauna and steam rooms, gymnasium and showering facilities.

HEALTH CLUB MEMBERSHIPS

The Day Spa offers a limited number of health club memberships. Each membership not only includes unlimited use of our facilities but also discounts on Day Spa treatments, the hotel's Galileo Restaurant and valet parking. Please enquire about our Aqua, Gold, Platinum and 2 year memberships.

PERSONAL TRAINING

Personal training can be organised for you for either a 30min, 45min or 60min session. Please enquire at the Day Spa Reception.

BOOKINGS

Please telephone the Day Spa to make an appointment. Advance bookings are highly recommended to avoid disappointment. A credit card, gift voucher or guest room number is required to hold all reservations.

CANCELLATION POLICY

Guests who wish to cancel or reschedule their appointment are kindly requested to provide 24 hours notice or the full cost of the treatment will be charged. For gift voucher bookings, cancellations of less than 24 hours will result in your gift voucher being redeemed in full.

ARRIVAL AT THE SPA

To fully enjoy your Day Spa experience, we request that you arrive 15 minutes prior to your appointment time, in order for you to change into Spa attire and complete a consultation form.

LATE ARRIVAL

As a courtesy to all our guests, treatments are completed as scheduled. Arriving late will shorten your time spent with us.

PRICING

Prices and treatments are subject to change without notice. The Day Spa accepts cash, EFTPOS and all major credit cards at a 1.5% surcharge. Hotel guests may charge their treatments to room accounts. Payments using a credit card will incur a 1.5% surcharge.

HEALTH CONSIDERATIONS

For your safety and comfort please inform your therapist of any health conditions so that we can customise your treatment accordingly. If you suffer from allergies, physical ailments or are pregnant, some treatments may not be advisable.

VALUABLES

Lockers are available for your personal belongings, however, please leave valuables at home or bring them into the treatment room with you as we cannot take responsibility for misplaced or stolen items.

PARKING

Convenient metered parking is in front of the hotel. Valet parking is available at a charge, subject to availability.