



LA BELLE TERRASSE

## **Welcome to La Belle Terrasse**

We are delighted to present our à la carte menu for your dining pleasure.

This menu is simply our recommendation and demonstrates which ingredients are readily available. We would be only too delighted to combine any other available products to your own specification with sufficient notice.

We have constructed a wine list to suit every palate and occasion. Cap Classique, single cultivators and blended wines from all wine regions in South Africa can be enjoyed, of which many are available by the glass.

Please refer to our Wine List.

Thokozela ukudla kwakho (Zulu)  
Natefelwa ke dijo (Southern Sotho)  
Miva na swakudya leswinene (Shangaan)  
Enjoy your meal

IN ACCORDANCE WITH GOVERNMENT TOBACCO LEGISLATION THIS IS A NON SMOKING RESTAURANT  
IN THE INTEREST OF OTHER DINERS, PLEASE ALSO SWITCH OFF CELLULAR TELEPHONES  
ALL PRICES ARE INCLUSIVE OF V.A.T. AND ARE ITEMS ARE  
SUBJECT TO MARKET AVAILABILITY

01.12.11

# La Belle Terrasse

## Starters

**Grilled Asparagus  
Pink Grapefruit Dressing  
Lime Candy and Toasted Walnuts**



R 85.00

**Seared Salmon Ceviche  
and Tortilla Crisp**

R 105.00

**Poached Crab Claw  
Mango and Passion Fruit Salsa,  
Seafood Bisque**

R 105.00

**Classic Beef Carpaccio  
Cipriani**

R 95.00

**Cured Springbok,  
Sweet Potato Salsa, Fried Capers  
and Homemade Apple Chutney**

R 95.00

## Soups

**Crab Chowder  
Sweetcorn Purée and Croûton**

R 75.00

**Gazpacho Aspic, Chilled Melon  
Soup and Pea Sprouts**

R 65.00

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# Main Courses

## Fish

**Seared Scallop, Cauliflower  
Puree, Marrow Bone, Chourizo  
and Truffle Oil**  
R 160.00

**De – Boned Whole Trout  
Slow Roasted Fennel Watercress  
and Bulgur Wheat Salad  
Honey and Lime Sauce**  
R 170.00

**Poached Langoustines  
Fresh Pea Salad and Carrot Purée**  
R 210.00

**Hot Smoked Seabass, Quails Egg  
and Salad Niçoise**  
R 180.00

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# Main Courses

## Meat

**Veal Osso Bucco**  
**Spinach Gnocchi and Gremolata**  
R 240,00

**Pan – Fried Lamb Fillet**  
**and Slow Braised Rack Of Lamb**  
**Roasted Garlic Jus, Fondant**  
**Potato and Baby Carrot**  
R 180.00

**Springbok Loin**  
**Jerusalem Artichokes, Broccoli,**  
**Fig and Mango Sauce**  
R 180.00

**Fillet of Beef**  
**Garlic Crushed Potatoes**  
**Asparagus and Raspberry Jus**  
R 160.00

**Lemon Crusted Chicken Breast**  
**Smoked Cheese Risotto**  
**Baby Marrow and Burned Butter**  
R 180.00

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# Dessert

## **Strawberry and Rhubarb Galette**

*with a Pink Pepper Anglaise*

R 75.00

## **Pistachio and Dark Chocolate**

### **Brownie**

*and a Rose Turkish Delight Ice Cream*

R 85.00

## **Hazelnut Meringue Gateaux**

*with a Pink Grapefruit Gastrique*

R 65.00

## **Gratin of Fresh Berries**

*with a Kiwi Sabayon*

R 70.00

## **Honeycomb Mousse**

*with a Roasted Peanut  
and Chocolate Ganache*

R 70.00

## **Fig and Malva Pudding**

*with a Cardamom Anglaise*

R 50.00

## **Baked Naartjie Cheese Cake**

*with a Kumquat Compote*

R 60.00

## **Selection of Cheeses**

*with Biscuits and Preserves*

R 135.00

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# Digestifs Menu

## Dessert Wines

<i>Waterford Family Reserve</i>	*	R 75.00
<i>Klein Constantia Vin de Constance</i>	*	R 150.00

## Port

<i>Allesverloren Port</i>	*	R 20.00
<i>Ferreira's Late Bottled Vintage Port</i>	*	R 45.00

## Digestifs

<i>Grappa</i>	*	R 35.00
<i>Fernet Branca</i>	*	R 30.00

## Liqueurs & Eau de Vie

<i>Amarula Cream</i>	*	R 18.00
<i>Amaretto</i>	*	R 25.00
<i>Drambuie</i>	*	R 30.00
<i>Grand Marnier</i>	*	R 30.00
<i>Kahlúa</i>	*	R 18.00

## Cognacs & Armagnac

<i>Janneau Grand Armagnac VSOP</i>	*	R 105.00
<i>Hennessy VSOP</i>	*	R 110.00
<i>Hennessy XO</i>	*	R 350.00
<i>Remy Martin XO</i>	*	R 400.00

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